



Ladies of the Sea Coaching Regatta 2022

8 - 9 January 2022

Notice of Race (NoR)

The Organising Authority (OA) is the Royal Sydney Yacht Squadron (RSYS), located at 33 Peel Street Kirribilli, 2061.

The notation (NP) in a rule means that a boat may not protest another boat for infringing that rule. This changes RRS 60.1(a). (DP) denotes that a rule for which the penalty is at the discretion of the protest committee.

1. Rules

- 1.1 Racing will be governed by the rules, as defined in the 2021-2024 Racing Rules of Sailing (RRS) of World Sailing, and the prescriptions and special regulations of Australian Sailing (AS), except as amended herein.
- 1.2 In the event of conflict between any of the rules or regulations, other than RRS, the sailing instructions will prevail. This changes RRS 63.7.

2. Sailing Instructions

- 2.1 Sailing instructions will be available for download from the regatta website at least seven (7) days before the first scheduled race.

3. Communication

- 3.1 (DP) All boats shall carry an operating marine band VHF radio capable of receiving normal international channels. The radio shall be switched on at all times and tuned to the correct race committee frequency. The race committee intends to monitor VHF channel 74 and communicate race information to competitors.
- 3.2 (DP) Boats are required to use the VHF radio to report retirement from racing and may use the radio to request assistance in an emergency. No other transmissions are permitted by competing yachts during each racing day from their warning signal until the completion of their race.

4. Eligibility

- 4.1 The event is open to all Keelboats including the following One-Design Classes; International J70, International Yngling and Elliott 7 class yachts.
- 4.2 The Organising Authority may consider, at its absolute discretion, to include on request additional One-design fleets.
- 4.3 All boats shall have a valid AS Special Regulations Category 7 Equipment Audit Form.
- 4.4 Skippers and crew who are not financial members of an AS recognized yacht club must apply for and receive a valid Sail Pass from RSYS before racing to comply with RRS 46.
- 4.5 To be considered an entry in the event, a boat shall complete all registration requirements and pay all fees.

5. Entry

- 5.1 All boats shall have a female helm. In addition, **some** Divisions require an all-female crew as indicated below.
Open Keelboat Division.
 - All Female Crew
 - Female HelmOne Design Divisions.
 - All Female Crew
 - Female Helm
- 5.2 Entries and payment of entry fees shall only be accepted by utilising the online entry system available on the RSYS website. An entry is required for each individual crew member <https://www.rsys.com.au/sailing/regattas>

5.4 Entries must be received no later than 1700hrs on Wednesday 29 December 2021. Late entries may be accepted at the discretion of the Organising Authority, subject to payment of the late entry fee.

6 Fees

6.1 Entry Fee is per crew member. Additional fees associated with Elliott access, and Elliott access with an instructor.

Boat Type	Early Bird Entry (Before Dec 20)	Standard Entry
Mixed Division Yacht	\$150	\$175
International Yngling	\$150	\$175
International J/70	\$150	\$175
RSYS Elliott (incl Boat Charter)	\$310	\$335
RSYS Elliott (incl Boat Charter + Instructor)	\$510	\$535

6.2 The option to charter an Elliott is available to RSYS Members only.

7 Schedule of Events

7.1

Date	Time	Event
Friday 7 January	1800hrs – 2000hrs	Welcome & Competitor's Briefing in Shell Cove Room Dinner and drinks available
Saturday 8 January	0700hrs onwards	Breakfast available in the Careening Cove Anchorage
	0715hrs – 0800hrs	Harbourfront Yoga (bring your own mat)
	0900hrs – 1130hrs	Coaching session in designated groups
	1300hrs – 1630hrs	Short course racing
	1700hrs onwards	Debrief, Dinner and drinks available in Careening Cove Anchorage
Sunday 9 January	0700hrs onwards	Breakfast available in the Careening Cove Anchorage
	0715hrs – 0800hrs	Harbourfront Yoga (bring your own mat)
	0900hrs – 1130hrs	Coaching session in designated groups
	1300hrs – 1630hrs	Short course racing
	1700hrs onwards	Debrief over refreshments
	1900hrs	Inspirational Women in Sailing Dinner and Presentation

7.2 A maximum of six (6) races are scheduled with up to three (3) races sailed each day.

7.3 No Warning Signal will be made after 1630hrs on the last scheduled day of racing.

8. Measurement

8.1 A boat may be subject to measurement or inspection by the OA at any time, including compliance with the AS Special Regulations. Compliance failures will be referred to the Protest Committee for consideration of an appropriate penalty.

9. Racing Area

9.1 Racing shall be conducted on Port Jackson, Sydney Harbour.

10. Courses

10.1 Courses will be windward/leeward as described in the sailing instructions.

11. Penalty System

11.1 Rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

12. Scoring

- 12.1 Scoring System - the Low Point System, RRS Appendix A, applies including the provision of Appendix A5.2.
- 12.2 The series shall consist of six (6) races, five (5) will count.
- 12.3 In the event of five (5) or less races being completed, all will count.
- 12.4 Three (3) completed races are required to constitute a series.

13. Divisions and Handicaps

- 13.1 All boats shall have a female helm. In addition, some Divisions require an all-female crew as indicated below.
 - Open Keelboat Division.
 - All female crew
 - Female helm and mixed crew
 - One Design Divisions.
 - All female crew
 - Female helm and mixed crew
- 13.2 All yachts shall nominate on entry into the race management system (SailSys), either Spinnaker or, Non-Spinnaker
- 13.3 Separate point scores will be conducted for yachts entered with a full female crew and for yachts entered with a female skipper and mixed crew.
- 13.4 A Performance Handicap System (PHS) will be used based on a Time Correction Factor (TCF) which is applied at the finish, except as amended by the sailing instructions for the TUE, FRI and SUN series. Handicaps may be adjusted after each race has been finalised.
- 13.5 The race committee will determine a boat's handicap in relation to its performance in previous races and the division to which a boat is allocated. Such determinations shall not be subject to protest or grounds for redress. This changes RRS 60.1 & 62.
- 13.6 If a boat is disqualified, its handicap may not be adjusted. If a boat is granted redress and the finish time is amended by a protest committee, a new handicap may be generated.

14. Other Instructions

- 14.1 **(NP) Safety Requirements** - All boats are required to enter crew contact details (including the skipper) into the host club's race management system prior to the first race on each day that the boat intends to race. Boats not complying with this requirement may be scored DNC. This changes RRS 63.
- 14.2 **Covid -19 Requirements** - It is the responsibility of owners and skippers to ensure that they have read, understood and comply with the COVID-19 protocols including but not limited to hygiene, distancing and crew recording and tracing requirements.

15. Support Boats

- 15.1 RSYS has no ability to berth or store coach or support vessels during the regatta.
- 15.2 LOTS Regatta Coaches and other support personnel are permitted inside areas where boats are racing from the time of the first warning signal each day until racing has been concluded for the day.
- 15.3 Competitors shall be able to communicate with LOTS Regatta Coach or support boats from the first warning signal each race day until racing has been concluded for the day
- 15.4 Unequal access to coaching during racing shall not be grounds for protesting.

16. Berthing

- 16.1 Visiting boats may be berthed at the RSYS from midday the day prior to each race until midday the day following each race.
- 16.2 To allow for ample competitor parking, no boat trailers of any description shall be allowed in any RSYS car parking facility without prior written approval.

17. Haul Out Restrictions

- 17.1 Boats may haul out without restrictions.

18. Responsibilities

- 18.1 **Risk Warning** – The OA advises owners, skippers and anyone who participates in sailing events conducted by the OA that participation in the sport of sailing, whether racing or otherwise, can be dangerous and can result in harm, personal injury and property damage. The OA is not responsible for any harm or injury suffered by any person in any sailing event of whatever nature conducted by the OA. All participants acknowledge that competing in yachting events may be dangerous and may result in harm or personal injury and they participate in such events aware of such dangers and voluntarily accept any risk of harm.
- 18.2 **Competitors' Declaration** – It is the responsibility of owners and skippers to ensure that each boat nominated complies with the 'rules' as defined in the RRS. The owner or person who enters the boat declares to the OA that the nominated boat will at all times while racing comply with the requirements of Australian Sailing, this notice of race and the sailing instructions and that the owner or person who enters the boat:
- warranting to the OA that he or she will draw the attention of any person who competes on the boat the subject of the entry in any event conducted by the OA to the risk warning above; and
 - acknowledging receipt of the risk warning above and releasing the OA from any claim or liability whatsoever for any harm or personal injury suffered by her/him, or by any person claiming through her/him, in any event conducted by the OA, and declaring to the OA that the nominated boat has not been grounded during the past twelve (12) months.

19. Disclaimer of Liability

- All those taking part in these races do so at their own risk and responsibility. Specific attention is drawn to RRS 3 which states; "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone". The organising authority, sponsors, class associations, the race committee and other race officials are not responsible for any damage or injury either afloat or ashore.
- The OA, sponsors, class associations, the race committee and other race officials are not responsible for the seaworthiness of a boat whose entry is accepted or the sufficiency or adequacy of its equipment.
- All those taking part in these races are reminded of their obligations as set out in the AS Special Regulations clause 1.02 Responsibility of the Person in Charge.

20. Insurance

- 20.1 Each participating boat shall be covered by current third-party property liability insurance and third-party personal liability insurance of not less than \$10,000,000 (ten million) for each separate incident. All insurance cover shall be maintained during the period of racing, and it is the owner's responsibility to ensure a current Certificate of Currency is lodged.

21. Rights to Use Name and Likeness

- 21.1 In participating in these events, a competitor automatically grants to the OA and the sponsors of these events the right in perpetuity to make, use and show, from time to time and at their discretion, any motion pictures, still pictures and live taped or film television and other reproductions of him/her during the period of the competition for the said events in which the competitor participates, and all material related to the said events without compensation.

22. Prizes

- 22.1 Prizes will be awarded at the discretion of the OA at the conclusion of the regatta.

23. Further Information

- 23.1 For further information please contact:
Royal Sydney Yacht Squadron
33 Peel Street, Kirribilli, 2061
RSYS Sailing Office
Ph: 9017 0152
Email: margaret@rsys.com.au