

# COFFEE DATES WITH VANILLA BEAN YOGHURT

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2016 Runner-up : Dessert Course

## Ingredients (serves 4-6)

2 Cups whole fresh dates

2 Cups of coffee espresso

20 whole cardamom pods,  
crushed

1 3" cinnamon stick

½ - 1 tsp. sugar (depending on  
taste)



## Method

Take pips out of dates.

Put all ingredients, except dates, into a saucepan and boil. Pour over dates

Allow to cool and steep overnight in refrigerator.

Serve with Greek yoghurt and espresso juice.