



# Royal Sydney Yacht Squadron

# YOUTH KEELBOAT

# DEVELOPMENT PROGRAM

## WINTER 2026



RSYS Sailing  
Academy

Updated: 18/06/2026

### Program Overview

The Royal Sydney Yacht Squadron Academy's **Youth Keelboat Development Program** is designed for sailors aged 14 – 18 years who have experience and competency in dinghy fleet racing or teams racing who are looking to complement and start the keelboat pathway developing the skills required to race effectively as part of a crew.

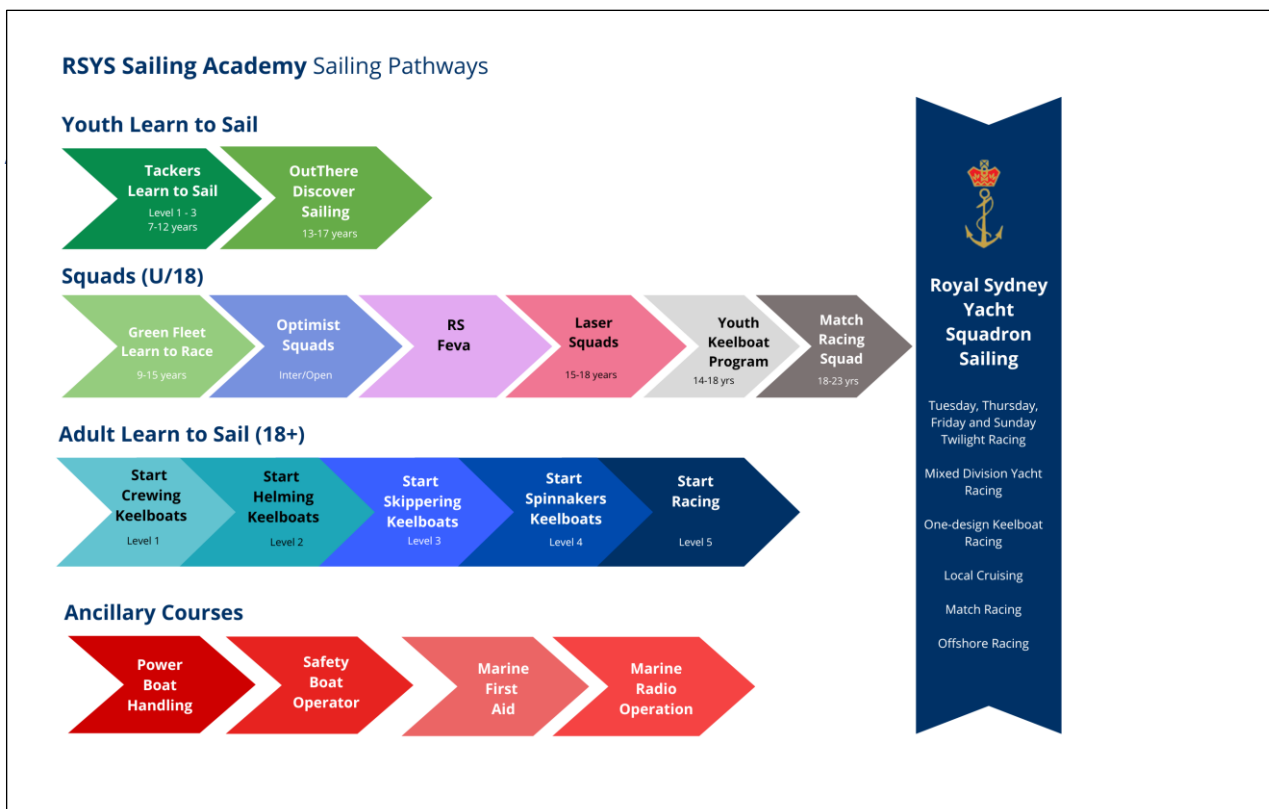
The focus of the program is on **racing fundamentals in keelboats**, helping sailors adapt their existing racing knowledge to a larger boat environment. Participants will learn how to work as a crew, understand key keelboat roles, and develop practical racing skills through structured on-water training.

### Aims & Objectives

Sailors will be supported by our Australian Sailing Qualified Coaches through weekly on-water sessions that aim to:

- Introduce keelboat fundamentals, boat handling skills and sail management.
- Build confidence in all crew roles, strengthen teamwork and communication skills.
- Develop a thorough understanding of the Racing Rules of Sailing.
- Provide exposure to club-level racing environments.

### RSYS Sailing Pathways



### Training Session

All training sessions are compulsory and sailors must log-in each session using the QR training code located in the Squadron training room. If you are unable to attend a session, please notify the Academy Manager and Sailing Coach.

In addition to this weekly keelboat session, sailors are expected to maintain their dinghy or schools training and racing schedule.

Sunday 3 May 2026	Start Time 1300 - End Time 1630
Sunday 10 May 2026	Start Time 1300 - End Time 1630
Sunday 17 May 2026	Start Time 1300 - End Time 1630
Sunday 24 May 2026	Start Time 1300 - End Time 1630
Sunday 13 June 2026	Start Time 1300 - End Time 1630

### Regatta Opportunities

Sailors will be given the opportunity to participate in the annual Interclub Challenge - a youth keelboat fleet racing regatta held over four weeks at the Cruising Yacht Club of Australia, Royal Prince Alfred Yacht Club, Newcastle Cruising Yacht Club and Royal Sydney Yacht Squadron.

Week 1 - Newcastle Cruising Yacht Club	Date 31 May 2026
Week 2 - Royal Sydney Yacht Squadron	Date 14 June 2026
Week 3 - Royal Prince Alfred Yacht Club	Date 21 June 2026
Week 4 - Cruising Yacht Club of Australia	Date 28 June 2026

Teams will be selected by the Sailing Coach and Academy Manager taking into account the following criteria.

- Attendance at training sessions
- Demonstrate strong sportsmanship, teamwork, enthusiasm, integrity and leadership
- Volunteer hours
- Sailor to agree to complete short 'news article' and relevant media

The following variables are also considered in team selection: strength, age, gender, weight, positions available, team dynamics.

### Uniform

All participants will be provided with an RSYS racing bib that is to be worn when competing at regattas. All other clothing, general sailing gear and personal floatation device is to be provided by the sailor in line with uniform guidelines.



### End of Season Celebration & Parent Keelboat Experience

Join us on the **26 July** for the **End of Season Celebration Afternoon Tea**, where sailors and families can come together to reflect on a fantastic season. Enjoy a relaxed afternoon of light refreshments, great company, and shared stories. Parents are also invited to take part in a special **Keelboat Experience**, offering a hands-on opportunity to get out on the water with the sailors and experience the thrill of Keelboat sailing firsthand.



### Program Fees

\$550.00

5 Training Sessions & 4 Regattas

Fees do not include RSYS membership fees, end of season celebration dinner, regatta transport, food or accommodation.

### Membership Requirements

The Youth Keelboat Development program is open for Members & Non-Members. For more information membership contact RSYS Membership [matilda@rsys.com.au](mailto:matilda@rsys.com.au)

### Cancellation & Refund Policy

The below policy outlines the terms and conditions related to refunds and cancellations for the Youth Keelboat Program. **Please read this policy carefully BEFORE enrolling.**

1. **Commitment** - When enrolling in the Youth Keelboat Program, participants are committing to the Full Season. This commitment enables us to plan and ensure a consistent and cohesive training experience for all involved.
2. **No Partial Refunds** - We do not offer refunds, either in full or in part, for cancellations or missed sessions once the season has commenced. This policy applies to all reasons for missing a session including illness, personal commitments, or other unforeseen circumstances.
3. **Cancellation before a season commences** - If a participant wishes to cancel their enrolment before the start of the season, they must notify us in writing no later than seven days prior to the season's commencement date. In such cases, a full refund will be provided minus any administrative fees.
4. **Exceptions** - Any exceptions to this policy may be considered on a case-by-case basis in extraordinary circumstances. Such exceptions are at the sole discretion of the Academy Committee.
5. **Enquires** - If you have any questions or need further clarification regarding this policy, please contact the Academy Manager.
6. **Agreement** - By enrolling your child in the Youth Program, you acknowledge and agree to comply with this Refund and Cancellation Policy.

### Applications

**Intake One** - applications for the program close 30 March 2026. Sailors will be notified if their application is successful by 5.00pm 2 April 2026.

**Intake Two** - this intake will open on the 2 April 2026 and close on the 22 April 2026. Sailors will be notified if their application is successful by 5.00pm 27 April 2026.

Applications will be assessed on merit for the available positions. Applications submitted after the deadline may still be considered. Please email [Academy@rsys.com.au](mailto:Academy@rsys.com.au) for further assistance.

**Applications Now Open - [Apply Here](#)**